



# 2023 Benefits at a glance

➤ Independence Basic

This brochure provides an overview of your Insperity benefits package. Actual benefits are subject to the provisions and limitations of the agreements between Insperity and its benefits providers. Detailed benefits information is available on the Insperity Premier™ platform at [portal.insperity.com](https://portal.insperity.com).

Except where otherwise indicated, employees must work 30 or more hours per week, on average (20 hours per week in Hawaii), or meet the requirements for continuing eligibility during an approved leave of absence, to be eligible for the health and welfare benefits in this package. Certain individuals are excluded from participation.

Please refer to the Summary Plan Description (SPD) for each Plan on Insperity Premier for full eligibility requirements.

## Questions about your Insperity benefits?

**Insperity is here to help, and we speak your language. Call the Insperity Contact Center at 866.715.3552 from 7.am. to 7 p.m. CT, Monday through Friday, for personal assistance with everything from choosing a medical coverage option to enrolling online and more. Assistance is available in more than 150 languages, from Spanish to Tagalog.**

**¿Tienes preguntas sobre tus beneficios? Insperity está aquí para ayudarte, pues hablamos tu idioma. Llama al Centro de Contacto de Insperity al 866.715.3552 de lunes a viernes de 7 a.m. a 7 p.m., hora del centro, para recibir todo tipo de ayuda personal, desde cómo elegir opciones de cobertura médica hasta cómo inscribirte en línea y más. Ofrecemos asistencia en más de 150 idiomas, desde español hasta tagalo.**



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# Inspirity Benefits and Your Wellbeing

When it comes to on-demand wellbeing resources to support every aspect of your health, Inspirity's benefits have you covered. Inspirity focuses on five key areas of wellbeing:

## YOUR EMOTIONAL HEALTH

### Featuring Optum® Live and Work Well

- 24/7 live assistance from licensed counselors
- Behavioral health care provider search tool
- Virtual therapy options, including [Talkspace](#) and [Sondermind](#)®
- Stress management apps, including [Sanvello](#)™
- Substance use and recovery resources
- Crisis support
- [Coping resources](#) for traumatic events

## YOUR PHYSICAL HEALTH

### Featuring Optum Live and Work Well

- Chronic condition management
- Substance use disorder support
- Hospitalization

### Resources available through your selected medical coverage carrier:

- 24/7 telemedicine options
- Wellness programs
- Weight management and nutrition
- Tobacco cessation
- Condition management

### MarketPlace™ Perks at Work Health and Wellness

- Gym memberships
- Fitness equipment
- Weight loss programs and meal services
- Wellness app subscriptions
- Virtual classes

## YOUR SOCIAL HEALTH

### Featuring Optum Live and Work Well

- Caregiving support
- Relationships
- Community
- Disaster relief

## YOUR PROFESSIONAL HEALTH

### Featuring Optum Live and Work Well

- Work/life balance
- Conflict resolution
- Relocation assistance
- Critical incident response

### Diversity, equity, and inclusion

- Learning resources
- Self-paced training
- Blog posts and articles

### Inspirity training and development

- Leadership and productivity resources
- Stress management
- Blog posts and articles

### Inspirity Safety Services

- Workplace safety webinars
- Workplace safety and health topics
- Ergonomic tips for working from home

## YOUR FINANCIAL HEALTH

### Featuring Optum Live and Work Well

- ID theft prevention and recovery
- [Financial planning & coaching](#)
- [Legal advice and mediation](#)
- [Will creation](#)
- Tax preparation

### Wellbeing on Demand!

Visit the [Wellbeing On-Demand page](#) on the [Inspirity Premier™](#) platform to access the complete range of support offered.

# Optum<sup>®</sup> Live and Work Well (The Insperty Employee Assistance Program)

## Available to all employees (full-time, part-time or seasonal) and their dependents

The Insperty Employee Assistance Program (EAP) is administered by Optum. Services provided by the EAP are completely confidential, and most are available at no cost to Insperty employees and their dependents. Along with the wide variety of on-demand wellbeing resources featured on the previous page and included with your EAP benefits are:

- Three no-cost counseling sessions per issue, per year (in person or virtual options)
- Two complimentary financial coaching sessions per issue, per year
- One complimentary attorney consultation and one mediation session per issue, per year

To access EAP services, or to reach a licensed counselor 24 hours a day, seven days a week, call 866.402.0003 or visit [liveandworkwell.com](https://liveandworkwell.com) (access code Insperty).

## Using your EAP benefits for complimentary counseling sessions

You will need an authorization code from Optum Live and Work Well to set up an appointment with your EAP benefits. To receive the code:

- Log into [liveandworkwell.com](https://liveandworkwell.com) using access code Insperty.
- Click on “Provider” under the Find Care tab and search for a service or provider type to [generate a code](#) online in seconds, or call Optum at **866.402.0003** to request a code by phone.
- Use the online Provider Finder to find a therapist who is a good fit for your needs and is accepting new clients. Many providers offer convenient virtual sessions.
- Share the code with your provider when scheduling to receive your free sessions.



## Prefer to use your free sessions for text-based therapy through TalkSpace?

Download the TalkSpace app or visit [TalkSpace.com](https://talkspace.com). After clicking “Get Started,” select “Optum Behavioral Health” as your insurance provider, and provide your authorization code when requested during the setup process.





# The Insperty Employee Assistance Program

“There are so many resources available to us at no cost, and I am amazed when I hear this service is not used more often.”

Marcy E.  
Insperty Employee

# Wellbeing Resources on MarketPlace™ Perks at Work

**Insperty Perks at Work offers discounts and member pricing for a variety of products and services to support your family's wellbeing, including:**

- Gym memberships and exercise equipment
- Nutrition counseling
- Weight management programs
- On-demand therapy and telehealth options
- Tutoring and continuing education programs
- Discounts on childcare services
- At-home meal and grocery delivery services
- Supplemental insurance
- Pet health insurance
- Cell phone service
- Household needs, gifts and electronics
- Travel needs including cruises, rental cars, hotels and more

## **WOWPoints**

When you purchase through MarketPlace, you can also earn WOWPoints to redeem for prizes or credit. WOWPoints never expire, have no blackout dates, and can be earned on top of other rewards like airline miles. Credit rewards can be used like cash to shop online, and every 100 WOWPoints earns \$1 in credit.

## **Virtual classes with Community Online Academy**

MarketPlace Perks at Work also features complimentary access to Community Online Academy (COA), which offers live and pre-recorded courses on a wide variety of topics, including meditation, physical wellness, hobbies, and personal development. Course examples include:

- Mindfulness, journaling, breathing exercises, and guided meditation
- Yoga, Pilates, stretching, and physical therapy exercises
- Leadership skills, public speaking, coding, and professional development
- Strength training, dance, HIIT, and aerobics classes
- Hobby courses such as knitting, drawing, and cooking
- COA Kids Club, an interactive after-school program for kids aged 5-16

**To learn more, or to register for COA classes, log in to [portal.insperty.com](https://portal.insperty.com) and click “MarketPlace.”**



# The Insperity Commuter Benefits Program

## Available to all employees (full-time, part-time, and seasonal)

The Insperity Commuter Benefits Program allows you to save on your work commute by paying for eligible mass transit and/or parking expenses with pretax dollars. By using pretax dollars to pay for your transportation costs, you save by avoiding federal and state income and employment taxes on those dollars.

- **Eligible mass transit fees** include tickets, passes, tokens, vouchers or fares for buses, trains, subways, ferries, streetcars, commercial vanpools or other mass transportation vehicles you may use to travel between your residence and your workplace. The cost of commuting in a taxi or in your personal car or van is not included.
- **Eligible parking fees** include the cost of parking at or near your place of work, or parking fees for a location from which you commute to work via mass transportation or a vanpool, such as a park-and-ride lot. Residential parking fees are not eligible.

Once you've enrolled, you can order your transit passes and/or declare parking expenses in advance of each month you plan to use the benefit. Transit passes must be ordered, or parking expenses declared, by the 10th of each month for the following month. For Metro North and Long Island Railroads, orders must be placed by the 4th of the month for the following month.

Your expenses will be automatically deducted from your Insperity paycheck on a pretax basis, up to monthly limits established by the IRS for the current calendar year. Expenses above the monthly pretax limit are deducted on an after-tax basis from your paycheck.

**There is a monthly \$2 administrative fee to participate, except where prohibited by local ordinance.**

## Tax considerations

Please note that individuals who are considered to be self-employed (such as partners in a partnership, sole proprietors, and 2% shareholders of an S-corporation) are prohibited from participation based on IRS rules governing commuter benefit programs.

**To enroll in the Insperity Commuter Benefits Program, log in to [portal.insperity.com](https://portal.insperity.com) and select "Additional Benefits" under the "Benefits" page, then "Commuter Benefits" and "Access Now."**



## Do we have your current contact information?

Update your Insperity Premier™ profile with your current home address, email address, and phone number to ensure you don't miss enrollment opportunities and other important information about your Insperity benefits. Log on to [portal.insperity.com](https://portal.insperity.com), click on the arrow next to your name in the top right corner, and select "My Profile" to get started.

# The Insperity Adoption Assistance Program

## **Available to full-time employees who work 30+ hours per week (20+ hours in Hawaii) on average**

Insperity's Adoption Assistance Program is available to eligible employees with at least 180 days of continuous service prior to the date of the final adoption decree. If you are adopting a child through private adoption or a licensed adoption agency, you may be reimbursed up to \$1,500 of eligible adoption expenses per qualified adoption.

Expenses eligible for reimbursement must be directly related to and with the main purpose of adoption of an eligible child, and include:

- Reasonable and necessary adoption fees
- Court costs and attorney fees

Reimbursement is not available for the adoption of a stepchild(ren), or the child(ren) of a spouse/domestic partner, or expenses related to any surrogate parenting arrangement. Travel and lodging expenses associated with an adoption are also excluded.

**Applications for reimbursement, along with complete Program details, are available on the Insperity Premier™ platform at [portal.insperity.com](https://portal.insperity.com). On the "Benefits" page, select "Additional Benefits," then "Adoption Assistance."**

# Insperty Training and Development

Grow your career and improve job performance with on-demand self-paced resources and instructor-led live virtual classes available through Insperty, including:

- Access to self-paced courses, book summaries, and videos to support employee development, leader development, software end users, advanced IT, and liability management
- Targeted curriculums curated for key business topics
- External training/certification tracking
- Instructor-led virtual training
- Continuing education units on many courses

To learn more, log in to [portal.insperity.com](https://portal.insperity.com) and select “Training.”

# The Insperity Health Care Flexible Spending Account Plan

## **Available to full-time employees who work 30+ hours per week (20+ hours in Hawaii) on average**

When you enroll in the Insperity Health Care Flexible Spending Account Plan (Health Care FSA), you can make pretax contributions up to the annual maximum through payroll deduction and use those contributions to pay for qualifying health care expenses incurred during the calendar year.

Eligible expenses include copays, coinsurance, and deductibles for medical, prescription, dental and vision expenses, as well as certain over-the-counter health care expenses. See IRS Publication 502 for a current list of qualified expenses.

## **Elect to contribute a minimum of \$20 per month, or up to the annual maximum set by the IRS each year.**

Once enrolled, you will receive a Health Care Spending Card (a debit MasterCard® issued by UnitedHealthcare) funded with your elected amount. Use the card for eligible expenses at the time of service, or file a claim for reimbursement. You can file claims for any eligible expenses incurred during the plan year through March 31 of the following year. Any unused amounts are forfeited under the Plan's "use it or lose it" rule.

## **New! FSA Carryover (up to \$500 per year)**

Starting with Health Care FSA contributions made in 2023, you can carry over up to \$500 of unused contributions if you elect to continue participation in the Health Care FSA for the following plan year. Any unused amounts in excess of \$500 will continue to be forfeited.

For example, if you enroll in the Health Care FSA for 2023 and have an unused balance of \$700 for the 2023 plan year, you may carry over \$500 to use for eligible expenses in 2024 — but only if you enroll in the Health Care FSA for plan year 2024. The remaining \$200 will be forfeited under the plan's "use it or lose it" rule.

## **Tax considerations**

IRS rules prohibit individuals with general purpose health care FSA coverage (including an eligible spouse and dependents) from contributing to a health savings account (HSA). If you are currently contributing to an HSA (or intend to open and contribute to an HSA), you should not enroll in the Health Care FSA, as participation will make you ineligible to contribute to an HSA in the same calendar year.



## **Enrollment deadline**

Enroll within 30 days of becoming eligible; no wait period applies. To continue participation each year, submit a new election during the annual open enrollment period.

# The Insperity Health Savings Account Program

## **Available to full-time employees who work 30+ hours per week (20+ hours in Hawaii) on average**

If you are an Insperity employee enrolled in an Insperity high deductible health plan (HDHP) coverage option, you can establish a health savings account (HSA) through the Insperity HSA Program (HSA Program). There are no federal taxes on pretax contributions made to your HSA, and the money in your HSA is tax-free when used for qualified health care expenses. Plus, you keep what you save — any unused funds remain in your account from year to year, earning tax-free interest and dividends when invested.

You may invest your HSA balance once it reaches \$2,100. There is a \$100 minimum per investment. Learn more about available investment options at [optumbank.com](https://optumbank.com).

**HSA contribution limits are \$3,850 for employee-only coverage, and \$7,750 for family coverage.**

Your elected HSA contribution amount can be changed as needed throughout the year. If you turn 55 or older within the tax year, you may contribute an additional \$1,000 of catch-up contributions.

## **Opening an Optum Bank HSA through the Insperity HSA Program**

To make HSA contributions through the HSA Program, you will first need to apply for an Optum Bank<sup>®</sup> HSA through the Insperity Premier™ platform. Once you have completed medical enrollment in an Insperity HDHP coverage option, go to the “Insperity Health Care Accounts” section then select “Apply” next to “Health Savings Account” under “Benefits” to begin.

Once your Optum Bank HSA is open and your Insperity HDHP coverage is in effect, you can make pre- or post-tax contributions (according to your eligibility in Insperity’s records) through Insperity payroll deduction. Insperity will pay the monthly account management fee while you remain an eligible employee of Insperity enrolled in an Insperity HDHP coverage option.

## **Tax considerations**

Pretax HSA contributions made by officers, highly compensated employees (HCEs), and owners of a C-Corporation (or lineal relatives of such owners) are subject to annual nondiscrimination testing under Internal Revenue Code Section 125. Certain tests are difficult to pass if participation by officers, HCEs and owners is significantly higher than participation by other employees. A testing failure may result in taxation of their pretax HSA contributions.

### **Talk to ALEX<sup>®</sup> before you enroll**

Before you enroll, talk to our interactive decision support tool ALEX about your tax savings options. If you’re enrolling in an HDHP coverage option, he’ll walk you through the advantages of using an HSA vs. an FSA for your anticipated health care expenses, recommend an annual contribution amount, and calculate your potential tax savings. During your initial and annual open enrollment periods you can find ALEX on the Insperity Premier™ platform. Log in to [portal.insperity.com](https://portal.insperity.com) and click “Start Now” next to Health Benefits, then select “Yes, help me find the best fit!” on the next screen.

# Short-term and Long-term Disability Benefits

**Available to full-time employees who work 30+ hours per week (20+ hours in Hawaii) on average**

Voluntary (100% employee-paid) disability insurance provides income protection if you are unable to perform your job due to illness or injury (including pregnancy/childbirth).

- **Short-term disability insurance pays up to 60% of covered weekly earnings, up to \$2,308 per week.**

There is a 14-day elimination period for short-term disability benefits. Benefits begin on the 15th day of disability and continue for up to 24 weeks following the elimination period or the end of disability, whichever comes first.

- **Long-term disability insurance pays up to 60% of covered monthly earnings, up to \$10,000 per month.**

Benefits begin after six continuous months of disability. The duration of long-term disability payments will depend on the circumstances of the disability and the age you become disabled. Refer to the Certificate of Coverage for details.

**You must enroll within 30 days of becoming eligible for guaranteed issue of voluntary disability benefits.**

Rates and details for voluntary coverage are available in the New York Life (formerly Cigna) Voluntary Benefits Book, or on the New York Life Group Benefits Solutions Benefits Guide site via [portal.insperity.com](https://portal.insperity.com).



## **How are covered earnings calculated for disability, life and AD&D insurance?**

For full-time employees, covered earnings will generally be your base annual salary, plus actual earnings for the previous 12 months. Actual earnings include commissions, piece-work and fee based work. It does not include bonuses, overtime pay, special pay or another form of extra compensation. (If the employee has been employed for less than 12 months, actual earnings will be annualized.) Refer to the Certificate of Coverage for a complete definition.



# Life and Accidental Death & Dismemberment Insurance

## Available to full-time employees who work 30+ hours per week (20+ hours in Hawaii) on average

Basic (100% employer-paid) life and AD&D insurance is provided automatically at no cost to eligible employees (no enrollment required). You may also elect voluntary (100% employee-paid) life and AD&D insurance for yourself and any eligible dependents.

For guaranteed issue of voluntary life coverage, you must enroll within 30 days of becoming eligible (once you have satisfied any required waiting period for Insperty benefits). Applications that are received after the 30-day guaranteed issue period, and applications for coverage in excess of the guaranteed issue amounts listed below, are subject to proof of good health.

Benefit	Available coverage amounts	Coverage details
<b>Basic Life and AD&amp;D Insurance</b> (100% employer-paid)  No enrollment is required.	<b>Employee</b> 1 x annual covered earnings, up to \$50,000	Provided automatically to eligible employees.
<b>Voluntary Life Insurance</b> (100% employee-paid)  Apply within 30 days of becoming eligible for guaranteed issue.	<b>Employee</b> 1 to 6 x annual covered earnings, up to \$2,500,000 <b>Spouse/Domestic Partner</b> \$10,000, \$20,000, \$30,000, \$40,000, \$50,000, \$100,000, \$150,000, \$200,000 <b>Children</b> \$5,000 or \$10,000 per child	The guaranteed issue amount for employee coverage is up to 3 x annual covered earnings or \$500,000, whichever is less.  The guaranteed issue amount for spouse or domestic partner coverage is \$10,000 or \$20,000.
<b>Voluntary AD&amp;D Insurance</b> (100% employee-paid)  Apply at any time; no proof of good health is required.	<b>Employee</b> 1 to 6 x annual covered earnings, up to \$2,500,000 <b>Spouse/Domestic Partner only</b> 60% of employee coverage amount <b>Spouse/Domestic Partner + Children</b> 50% of employee coverage amount <b>Children only</b> 15% of employee coverage amount	Spouse/domestic partner must be under age 70 at time of enrollment.

Rates and details for voluntary coverage are available in the [New York Life \(formerly Cigna\) Voluntary Benefits Book](#), or on the [New York Life Group Benefits Solutions Benefits Guide site via portal.insperty.com](#).

# Voluntary Critical Illness and Accident Insurance

**Available to full-time employees who work 30+ hours per week (20+ hours in Hawaii) on average and their dependents.**

Voluntary (100% employee-paid) critical illness or accident insurance pays a lump-sum benefit for certain covered illnesses or injuries. Benefits are paid directly to you, and do not require coordination with other coverage (such as disability or health insurance). Please note that these benefits are not a substitute for medical coverage.

## Critical Illness Insurance

This insurance pays a lump-sum benefit for certain critical illnesses as specified by the insurer, such as cancer, heart attack, or stroke. You may elect a benefit amount of \$10,000, \$20,000, \$30,000, \$40,000, or \$50,000. Dependents are eligible for coverage amounts of up to 50% of the employee's elected amount.

Actual benefits paid will depend on the covered condition(s), and may vary from 25 to 100 percent of the elected benefit amount.

## Accident Insurance

This insurance pays a lump-sum benefit for off-the-job accident-related injuries such as broken bones, concussions, and burns. Benefits may also apply to accident-related medical services such as emergency care, X-rays, and certain types of surgeries. Actual benefits paid will depend on the type of injury.



## Enroll anytime

There is no enrollment deadline for voluntary critical illness or accident insurance. Once you have satisfied any required waiting period for Insperty benefits, you can apply at any time with no proof of good health required.



Rates and details for voluntary critical illness and accident insurance, including covered conditions, benefit amounts, and terms and conditions, are available through the Insperty Premier™ platform at [portal.insperty.com](https://portal.insperty.com).



# Health Advocacy Program

**Available to full-time employees who work 30+ hours per week (20+ hours in Hawaii), on average, and their family.**

Beginning Jan. 1, 2023, this complimentary health advocacy program is available to you and your family through your Insperity benefits. You can call Health Advocate 24 hours a day, seven days a week, for concierge-level assistance with a wide range of health care concerns, including:

- Questions about treatments, tests, and medications
- Clinical treatment and decision support
- Care coordination
- Provider search
- Appointment scheduling
- Pre-authorizations with your medical insurance carrier
- Claims advocacy to resolve insurance and billing issues
- Negotiation of discounts for out-of-pocket medical expenses over \$400
- Eldercare services, including location of in-home care, assisted living or long-term care
- Support for parents of children with special needs, including autism spectrum disorder
- Assistance with application for Medicaid or Medicare Parts A, B, D and Supplemental Plans

You do not need to be enrolled in Insperity Group Health Plan coverage to access these services. Health advocacy support is available for any health care question or claim regardless of your insurance coverage or carrier.

**For 24/7 assistance with health care concerns, call Health Advocate at 866.799.2725 and use access code Insperity. For questions about health insurance or claims, please have your insurance ID card available so that your advocate can provide you with information specific to your coverage.**

*Please note that health advocacy services are not health insurance or medical services, and this program does not provide either for health care services or for the reimbursement of financial losses relating to health care services. Full terms, conditions and exclusions are contained in the Health Advocate Service Agreement with New York Life Group Benefit Solutions.*



# The Insperity Group Health Plan

Available to full-time employees who work 30+ hours per week (20+ hours in Hawaii) on average and their dependents

## Medical coverage

Medical coverage options include prescription coverage and vary by insurance carrier, region and coverage type. Availability is determined by benefits package and ZIP code service area.

All medical coverage options also include access to 24/7 telemedicine providers, registered nurses, condition management programs and wellness resources through the selected insurance carrier.

**The Insperity Group Health Plan is a calendar-year plan based on a 12-month coverage period which begins Jan. 1 and ends Dec. 31. Deductibles and out-of-pocket maximums will reset each Jan. 1, and generally, any Plan design changes outlined in the Summary of Material Modifications (SMM) for that Plan year will also take effect at that time, even if a client company's open enrollment and 12-month coverage periods do not follow the calendar year.**

## Dental and vision coverage

Dental and vision coverage is available nationwide through UnitedHealthcare Dental and Vision Service Plan. Dental and vision must be elected together, but may be elected independently of medical coverage.

**If you enroll in medical and dental/vision coverage, you may elect any combination of that medical and/or dental and vision coverage for your dependents.**



## Enrollment deadline

Participation is not automatic. You must enroll within 30 days of becoming eligible. This 30-day period will follow any required waiting period. After your initial enrollment period, your next opportunity to enroll or make changes will be your annual open enrollment period, unless you experience a qualifying life event.

Your coverage effective date is the first day of your initial enrollment period for the Insperity Group Health Plan.

**Any contribution amounts you may owe for retroactive coverage will be deducted from future Insperity paychecks.**

### Talk to ALEX<sup>®</sup> before you enroll

Before you enroll, talk to our interactive decision support tool ALEX. He'll ask a few questions about your health care needs, crunch some numbers and point out what makes the most sense for you. During your initial and annual open enrollment periods, you can find ALEX on the Insperity Premier™ platform. Log in to [portal.insperity.com](https://portal.insperity.com) and click "Start Now" next to Health Benefits, then select "Yes, help me find the best fit!" on the next screen.

## How to determine which coverage options are available to you

To participate in a coverage option, you must live in a ZIP code service area included in that insurance carrier’s network. ZIP codes associated with an insurance carrier’s network service area are determined by the insurance carrier (not Insperty) and are specific to the health insurance product offerings defined in the carrier’s contract with Insperty. An indemnity (out-of-area) option is available to employees who live in a ZIP code service area not served by any Insperty insurance carrier’s network.

## Insperty’s Nationwide Insurance Carrier Network

National	California	Hawaii	Massachusetts
UnitedHealthcare	UnitedHealthcare Kaiser Permanente Blue Shield of CA	HMSA Kaiser Permanente UnitedHealthcare	Tufts

Log in to [portal.insperty.com](https://portal.insperty.com) to view your available coverage options and contribution rates.

The following pages include specific details on the coverage options available to you, as well as the terms, limits, exclusions, legal notices and requirements that apply to your Insperty Group Health Plan participation. Please review this information carefully before making your elections. An explanation of the terms used in the medical coverage option charts on the following pages can be found in the “Understanding Your Medical Coverage” section of this document.

## Who can I call for help with my Insperty Group Health Plan coverage?



### The Insperty Contact Center

Call 866.715.3552, weekdays from 7 a.m. to 7 p.m. CT, for questions about your available coverage options and contribution rates, and for assistance with eligibility and enrollment.



### Your Insurance Carrier

Call your selected Insperty Group Health Plan medical insurance carrier at the number on your ID card for questions about covered services and prescriptions, claims, and out-of-pocket costs.



### Health Advocate<sup>SM</sup>

Call 866.799.2725, 24 hours a day, seven days a week for care coordination, medical decision support, medical concierge services, claims advocacy, billing resolution, and assistance with Medicare issues.



You do not need to be enrolled in the Insperty Group Health Plan to access Health Advocate<sup>SM</sup> services.

# National medical coverage options

Basic-level packages (available everywhere except MA and HI)

## Medical (in-network)

Coverage options		UHC Choice Plus 1500	UHC Choice Plus 2500	UHC Choice Plus 6000	UHC Primary Advantage Choice Plus 5000	UHC Choice Plus HDHP 3000	UHC Choice Plus HDHP 5000
Coinsurance plan pays after deductible		80%	70%	100%	80%	90%	80%
Medical calendar-year deductible	Individual	\$1,500	\$2,500	\$6,000	\$5,000	\$3,000	\$5,000
	Family	\$4,500	\$7,500	\$13,200	\$10,000	\$6,000	\$10,000
Annual out-of-pocket maximum	Individual	\$6,350	\$6,850	\$7,000	\$6,500	\$6,650	\$6,650
	Family	\$12,700	\$13,700	\$14,000	\$13,000	\$13,300	\$13,300
Office visit		\$35	\$40	\$40	\$0	10%	20%
Specialist visit		\$60	\$70	\$70	\$100	10%	20%
Virtual visit		\$0	\$0	\$0	\$0	10%	20%
Urgent care		\$75	\$75	\$75	\$50	10%	20%
Emergency room		\$250	\$250	\$500	\$250 copay + deductible + 20%	10%	20%
Outpatient surgery		20%	30%	0%	20%	10%	20%
Inpatient hospital		20%	30%	0%	20%	10%	20%

## Pharmacy

Prescription deductible	Individual	\$100	\$100	\$200	\$100	Copays apply once medical deductible is met	Copays apply once medical deductible is met
	Family	\$300	\$300	\$600	\$300		
Tier 1 copays	Retail	\$10	\$10	\$10	\$10	\$10	\$10
	Mail order	\$25	\$25	\$25	\$25	\$25	\$25
Tier 2 copays	Retail	\$35	\$35	\$35	\$35	\$35	\$35
	Mail order	\$87.50	\$87.50	\$87.50	\$87.50	\$87.50	\$87.50
Tier 3 copays	Retail	\$60	\$60	\$60	\$60	\$60	\$60
	Mail order	\$150	\$150	\$150	\$150	\$150	\$150
Tier 4 copays	Retail	\$120	\$120	\$120	\$120	\$120	\$120
	Mail order	\$300	\$300	\$300	\$300	\$300	\$300

Copays and coinsurance rates listed are for non-preventive care. Eligible, in-network preventive care services are covered at 100%. Coverage options have embedded deductibles and OOPMs unless otherwise noted. Additional limits and exclusions apply. See the Certificates of Coverage for complete coverage details.



### VIRTUAL VISITS

Virtual visit costs shown in the chart above apply to virtual visits with carrier-designated telemedicine providers only. These include [Optum Virtual Care](#), [Teladoc®](#), [AmWell®](#), and [Dr. On Demand](#). Other virtual visits, including virtual primary care, will be billed at the applicable office visit copay or coinsurance.

# National medical coverage options

Basic-level packages (available everywhere except MA and HI)

## Medical (out-of-network)

Coverage options		UHC Choice Plus 1500	UHC Choice Plus 2500	UHC Choice Plus 6000	UHC Primary Advantage Choice Plus 5000	UHC Choice Plus HDHP 3000	UHC Choice Plus HDHP 5000
Coinsurance plan pays after deductible		60%	50%	70%	50%	70%	60%
Medical calendar-year deductible	Individual	\$3,000	\$5,000	\$12,000	\$10,000	\$6,000	\$10,000
	Family	\$9,000	\$15,000	\$16,400	\$20,000	\$12,000	\$20,000
Annual out-of-pocket maximum	Individual	\$12,700	\$13,700	\$14,000	\$20,000	\$13,300	\$13,300
	Family	\$25,400	\$27,400	\$28,000	\$40,000	\$26,600	\$26,600

## Reimbursement of out-of-network services

The following is a general overview of how out-of-network services are paid by these coverage options. See the applicable Certificate of Coverage for more details.

UnitedHealthcare Choice Plus coverage options pay benefits for non-emergency, non-network services after the deductible is met and according to a Medicare cost-based payment methodology defined by UnitedHealthcare as the Maximum Non-Network Reimbursement Program, or MNRP. Under MNRP, reimbursement amounts are a percentage of the published rates allowed by Medicare for the same or similar services. Any difference between the amount billed by the non-network provider and the amount allowed by UnitedHealthcare may be balance billed to the participant in certain situations. Machine readable files (MRFs) available on the carrier's website allow participants to compare costs before receiving care and more accurately estimate their potential out-of-pocket expenses.

## CARRIER RESOURCES TO SUPPORT YOUR WELLBEING

Your medical coverage provides access to wellness programs and other resources such as health coaching, condition management, weight loss programs, smoking cessation assistance, and more. To learn more and access resources, visit your selected carrier's Member Services site.

[myuhc.com](https://myuhc.com)

# California medical coverage options

Basic-level packages (choose from National UnitedHealthcare Choice Plus options or regional HMOs below)

Medical (in-network)			
Coverage options		Blue Shield of California Deductible HMO 1000	Kaiser Permanente Deductible HMO 1000
Coinsurance plan pays after deductible		90%	70%
Medical calendar-year deductible	Individual	\$1,000	\$1,000
	Family	\$2,000	\$2,000
Annual out-of-pocket maximum	Individual	\$6,050	\$6,050
	Family	\$12,100	\$12,100
Office visit		\$35	\$35
Specialist visit		\$50	\$50
Virtual visit		\$0	\$0
Urgent care		\$35	\$35
Emergency room		10%	30%
Outpatient surgery		10%	30%
Inpatient hospital		10%	30%
Pharmacy			
Prescription deductible		\$100 per member for select drugs	\$100 per member for brand drugs
Tier 1 copays	Retail	\$10	\$10
	Mail order	\$20	\$10
Tier 2 copays	Retail	\$30	\$30
	Mail order	\$60	\$30
Tier 3 copays	Retail	N/A	N/A
	Mail order	N/A	N/A
Tier 4 copays	Retail	Specialty rx 30% max \$200	Specialty rx 30% max \$150
	Mail order	Specialty rx 30% max \$400	Specialty rx 30% max \$150

Copays and coinsurance rates listed are for non-preventive care. Eligible, in-network preventive care services are covered at 100%. Coverage options have embedded deductibles and OOPMs unless otherwise noted. Additional limits and exclusions apply. See the Certificates of Coverage for complete coverage details.



## VIRTUAL VISITS

Virtual visit costs shown in the chart apply to virtual visits with carrier-designated telemedicine providers only. Virtual visits for BSCA are available through [Teladoc](#), and Kaiser Permanente provides virtual visits through [KP.org](#) or the Kaiser Permanente app. Other virtual visits, including virtual primary care, will be billed at the applicable office visit copay or coinsurance.

# California medical coverage options

Basic-level packages (choose from National UnitedHealthcare Choice Plus options or regional HMOs below)

## Medical (out-of-network)

Coverage options		Blue Shield of California Deductible HMO 1000	Kaiser Permanente Deductible HMO 1000
Coinsurance plan pays after deductible		N/A	N/A
Medical calendar-year deductible	Individual	N/A	N/A
	Family	N/A	N/A
Annual out-of-pocket maximum	Individual	N/A	N/A
	Family	N/A	N/A

## Reimbursement of out-of-network services

The following is a general overview of how out-of-network services are paid by these coverage options. See the applicable Certificate of Coverage for more details.

California regional HMO coverage options provide benefits for in-network providers only. Covered services are generally payable to non-network providers only for urgent care when a participant has traveled out of the area, or for emergency services received at any emergency room. Claims may need to be filed by the participant for reimbursement. Non-emergency services at an in-network facility provided by an out-of-network provider must be covered at the in-network cost sharing amount and paid directly to the provider (or denial issued) within 30 days. California law prohibits balance billing of HMO participants in these circumstances. Any difference between the amount billed by the non-network provider and the amount allowed by Blue Shield of California or Kaiser Permanente may be balance billed to the participant in certain situations. Machine readable files (MRFs) available on the carrier's website allow participants to compare costs before receiving care and more accurately estimate their potential out-of-pocket expenses.

## CARRIER RESOURCES TO SUPPORT YOUR WELLBEING

Your medical coverage provides access to wellness programs and other resources such as health coaching, condition management, weight loss programs, smoking cessation assistance, and more. To learn more and access resources, visit your selected carrier's Member Services site.

**BSCA:** [wellvolution.com](https://www.wellvolution.com)

**Kaiser:** [kp.org/wellnesscoach](https://kp.org/wellnesscoach)



# Hawaii medical coverage options

## Basic-level packages

Medical (in-network)					
Coverage options			UHC Options PPO	HMSA BCBS of Hawaii HMO	Kaiser Permanente HMO
Coinsurance plan pays after deductible			90%	90%	100%
Medical calendar-year deductible	Individual		\$100	N/A	N/A
	Family		\$300		
Annual out-of-pocket maximum	Individual		\$2,500	\$2,500 (medical only)	\$2,000
	Family		\$7,500	\$7,500 (medical only)	\$6,000
Office visit			10%	\$20	\$20
Specialist visit			10%	\$20	\$20
Virtual visit			10%, no deductible	\$0	\$20
Urgent care			10%	\$20	\$20
Emergency room			10%	\$100	\$50
Outpatient surgery			10%	10%	\$20
Inpatient hospital			10%	10%	\$50 per day
Pharmacy					
Prescription deductible			N/A	\$3,600 (rx-only OOPM) \$4,200 (rx-only OOPM)	N/A
Tier 1 copays	Retail		\$10	\$7	\$10
	Mail order		\$20	\$11	\$20
Tier 2 copays	Retail		\$15	\$30	\$35
	Mail order		\$30	\$65	\$70
Tier 3 copays	Retail		\$30	\$30 + \$45	\$35
	Mail order		\$60	\$65 + \$135	\$70
Tier 4 copays	Retail		N/A	\$100   \$200	\$200
	Mail order		N/A	N/A	N/A

Copays and coinsurance rates listed are for non-preventive care. Eligible, in-network preventive care services are covered at 100%. Coverage options have embedded deductibles and OOPMs unless otherwise noted. Additional limits and exclusions apply. See the Certificates of Coverage for complete coverage details.



### VIRTUAL VISITS

Virtual visit costs shown in the chart apply to virtual visits with carrier-designated telemedicine providers only. Virtual visits are available through [HMSA Online Care](#) and [KP.org](#) or the Kaiser Permanente App. UHC members can access virtual care through [Optum Virtual Care](#), [Teladoc](#), [AmWell®](#), and [Dr. On Demand](#). Other virtual visits, including virtual primary care, will be billed at the applicable office visit copay or coinsurance.



# Hawaii medical coverage options

## Basic-level packages

### Medical (out-of-network)

Coverage options		UHC Options PPO	HMSA BCBS of Hawaii HMO	Kaiser Permanente HMO
<b>Coinurance plan pays after deductible</b>		70%	N/A	N/A
<b>Medical calendar-year deductible</b>	<b>Individual</b> <b>Family</b>	Combined in/out of network	N/A	N/A
<b>Annual out-of-pocket maximum</b>	<b>Individual</b> <b>Family</b>	Combined in/out of network	N/A	N/A

## Reimbursement of out-of-network services

The following is a general overview of how out-of-network services are paid by these coverage options. See the applicable Certificate of Coverage for more details.

Hawaii HMO coverage options provide benefits for in-network providers only. Covered services are generally payable to non-network providers only for urgent care when a participant has traveled out of the area, or for emergency services received at any emergency room. Claims may need to be filed by the participant for reimbursement. UnitedHealthcare Options PPO pays benefits for non-emergency, non-network services after the out-of-network deductible is met according to a Medicare cost-based payment methodology defined by UnitedHealthcare as the Maximum Non-Network Reimbursement Program, or MNRP. Under MNRP, reimbursement amounts are a percentage of the published rates allowed by Medicare for the same or similar services. Any difference between the amount billed by the non-network provider and the amount allowed by UnitedHealthcare regional HMOs, Blue Shield of Hawaii or Kaiser Permanente may be balance billed to the participant in certain situations. Machine readable files (MRFs) available on the carrier's website allow participants to compare costs before receiving care and more accurately estimate their potential out-of-pocket expenses.

## CARRIER RESOURCES TO SUPPORT YOUR WELLBEING

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**HMSA:** [hmsa.com](https://hmsa.com)

**Kaiser:** [kp.org/wellnesscoach](https://kp.org/wellnesscoach)

**UHC:** [myuhc.com](https://myuhc.com)



# Massachusetts medical coverage options

## Basic-level packages

Medical (in-network)						
Coverage options		Tufts CareLink Advantage PPO 1500	Tufts CareLink Advantage Saver PPO HDHP 3000 (aggregate)	Tufts Advantage Deductible HMO 1000	Tufts Advantage Deductible HMO 2000	Tufts Advantage Saver HMO HDHP 3000 (aggregate)
<b>Coinsurance plan pays after deductible</b>		80%	90%	100%	100%	65%
<b>Medical calendar-year deductible</b>	<b>Individual</b>	\$1,500	\$3,000	\$1,000	\$2,000	\$3,000
	<b>Family</b>	\$4,000	\$6,000	\$2,000	\$4,000	\$6,000
<b>Annual out-of-pocket maximum</b>	<b>Individual</b>	\$6,350	\$4,000	\$5,000	\$6,350	\$4,000
	<b>Family</b>	\$12,700	\$7,350	\$10,000	\$12,700	\$7,350
<b>Office visit</b>		\$35	10%	\$25	\$30	35%
<b>Specialist visit</b>		\$35	10%	\$40	\$45	35%
<b>Virtual visit</b>		\$0	0%	\$0	\$0	0%
<b>Urgent care</b>		\$35	10%	\$25	\$30	35%
<b>Emergency room</b>		\$250	10%	\$250	\$250	35%
<b>Outpatient surgery</b>		20%	10%	0%	0%	35%
<b>Inpatient hospital</b>		20%	10%	0%	0%	35%
Pharmacy						
<b>Prescription deductible</b>		N/A	Copays apply once deductible is met	N/A	N/A	Copays apply once deductible is met
<b>Tier 1 copays</b>	<b>Retail</b>	\$10	\$10	\$15	\$15	\$15
	<b>Mail order</b>	\$20	\$20	\$30	\$30	\$30
<b>Tier 2 copays</b>	<b>Retail</b>	\$35	\$35	\$30	\$30	\$30
	<b>Mail order</b>	\$70	\$70	\$60	\$60	\$60
<b>Tier 3 copays</b>	<b>Retail</b>	\$60	\$60	\$60	\$60	\$60
	<b>Mail order</b>	\$120	\$120	\$120	\$120	\$120
<b>Tier 4 copays</b>		N/A	N/A	N/A	N/A	N/A

Copays and coinsurance rates listed are for non-preventive care. Eligible, in-network preventive care services are covered at 100%. Coverage options have embedded deductibles and OOPMs unless otherwise noted. Additional limits and exclusions apply. See the Certificates of Coverage for complete coverage details.



### VIRTUAL VISITS

Virtual visit costs shown in the chart apply to virtual visits with carrier-designated telemedicine providers only. Virtual visits are available through [Teladoc®](#) or [mytuftshealthplan.com](#). Call Nurse24™ at 866.201.7919 to speak to a registered nurse anytime. Other virtual visits, including virtual primary care, will be billed at the applicable office visit copay or coinsurance.

# Massachusetts medical coverage options

## Basic-level packages

### Medical (out-of-network)

Coverage options		Tufts CareLink Advantage PPO 1500	Tufts CareLink Advantage Saver PPO HDHP 3000 (aggregate)	Tufts Advantage Deductible HMO 1000	Tufts Advantage Deductible HMO 2000	Tufts Advantage Saver HMO HDHP 3000 (aggregate)
Coinsurance plan pays after deductible		60%	70%	N/A	N/A	N/A
Medical calendar-year deductible	Individual	\$3,000	Combined in/out of network	N/A	N/A	N/A
	Family	\$8,000				
Annual out-of-pocket maximum	Individual	\$10,000	Combined in/out of network	N/A	N/A	N/A
	Family	\$20,000				

## Reimbursement of out-of-network services

The following is a general overview of how out-of-network services are paid by these coverage options. See the applicable Certificate of Coverage for more details.

Tufts HMO coverage options provide benefits for in-network providers only. Covered services are generally payable to non-network providers only for urgent care when a participant has traveled out of the area, or for emergency services received at any emergency room. Claims may need to be filed by the participant for reimbursement. Tufts CareLink Advantage PPO coverage options pay benefits for non-emergency, non-network services after the deductible is met and according to a Reasonable Charge payment methodology. Reasonable charges are determined based on Medicare relative values. Any difference between the amount billed by the non-network provider and the amount allowed by Tufts CareLink Advantage coverage options may be balance billed to the participant in certain situations. Machine readable files (MRFs) available on the carrier's website allow participants to compare costs before receiving care and more accurately estimate their potential out-of-pocket expenses.

## CARRIER RESOURCES TO SUPPORT YOUR WELLBEING

Your medical coverage provides access to wellness programs and other resources such as health coaching, condition management, weight loss programs, smoking cessation assistance, and more. To learn more and access resources, visit your selected carrier's Member Services site.

[mytuftshealthplan.com](https://mytuftshealthplan.com)



# Out-of-area medical coverage options

## Basic-level packages

Medical (in-network)				
Coverage options		UnitedHealthcare out-of-area 500	UnitedHealthcare out-of-area HDHP 3000	UnitedHealthcare out-of-area HDHP 5000
Coinsurance plan pays after deductible		80%	80%	80%
Medical calendar-year deductible	Individual	\$500	\$3,000	\$5,000
	Family	\$1,500	\$6,000	\$10,000
Annual out-of-pocket maximum	Individual	\$6,350	\$6,650	\$6,650
	Family	\$12,700	\$13,300	\$13,300
Office visit		20%	20%	20%
Specialist visit		20%	20%	20%
Virtual visit		20%	20%	20%
Urgent care		20%	20%	20%
Emergency room		20%	20%	20%
Outpatient surgery		20%	20%	20%
Inpatient hospital		20%	20%	20%
Pharmacy				
Prescription deductible	Individual	\$100	Copays apply once medical deductible is met	Copays apply once medical deductible is met
	Family	\$300		
Tier 1 copays	Retail	\$10	\$10	\$10
	Mail order	\$25	\$25	\$25
Tier 2 copays	Retail	\$35	\$35	\$35
	Mail order	\$87.50	\$87.50	\$87.50
Tier 3 copays	Retail	\$60	\$60	\$60
	Mail order	\$150	\$150	\$150
Tier 4 copays	Retail	\$120	\$120	\$120
	Mail order	\$300	\$300	\$300

Copays and coinsurance rates listed are for non-preventive care. Eligible, in-network preventive care services are covered at 100%. Coverage options have embedded deductibles and OOPMs unless otherwise noted. Additional limits and exclusions apply. See the Certificates of Coverage for complete coverage details.



### VIRTUAL VISITS

Virtual visit costs shown in the chart apply to virtual visits with carrier-designated telemedicine providers only. These include [Optum Virtual Care](#), [Teladoc®](#), [AmWell®](#), and [Dr. On Demand](#). Other virtual visits, including virtual primary care, will be billed at the applicable office visit copay or coinsurance.

# Out-of-area medical coverage options

## Basic-level packages

Medical (out-of-network)		UnitedHealthcare out-of-area 500	UnitedHealthcare out-of-area HDHP 3000	UnitedHealthcare out-of-area HDHP 5000
Coverage options				
Coinsurance plan pays after deductible		No Network Limitation	No Network Limitation	No Network Limitation
Medical calendar-year deductible	Individual Family	No Network Limitation	No Network Limitation	No Network Limitation
Annual out-of-pocket maximum	Individual Family	No Network Limitation	No Network Limitation	No Network Limitation

## Reimbursement of out-of-network services

The following is a general overview of how out-of-network services are paid by these coverage options. See the applicable Certificate of Coverage for more details.

Out-of-area (indemnity) medical coverage options are only available to eligible employees who live in a ZIP code service area not served by a carrier contracted with the Insperty Group Health Plan. No network limitations apply to covered services; however, your share of the costs will be less if you use an in-network provider or non-network provider that participates in UnitedHealthcare's Shared Savings Program. Any difference between the amount billed by the non-network provider and the amount allowed by UnitedHealthcare may be balance billed to the participant in certain situations. Machine readable files (MRFs) available on the carrier's website allow participants to compare costs before receiving care and more accurately estimate their potential out-of-pocket expenses.

## CARRIER RESOURCES TO SUPPORT YOUR WELLBEING

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[myuhc.com](https://myuhc.com)



# Dental Benefits at a Glance

Insperty dental and vision benefits must be elected together, but may be elected independently of medical coverage. Benefits are available to eligible employees nationwide.

Benefit levels shown below are in-network. The provider network is UnitedHealthcare Dental National Options PPO 30. Services received from non-network providers will be paid at reasonable and customary rates, and the participant will be responsible for any remaining balance.

**UnitedHealthcare Dental | [myuhc.com](http://myuhc.com) | 877.816.3596**

Calendar-year deductible per person	Calendar-year maximum per person	Orthodontia lifetime maximum	Preventive and diagnostic services	Basic services	Major services	Orthodontic services
<b>\$50</b> \$150 max per family	<b>\$1,500</b> per year	<b>\$1,500</b> to age 19 only	Plan pays <b>100%</b> no deductible	Plan pays <b>80%</b> after deductible	Plan pays <b>50%</b> after deductible	Plan pays <b>50%</b> no deductible

- Preventive and diagnostic services include routine exams, cleaning, topical application of fluoride, diagnostic cast, bite-wing x-rays, sealants, and space maintainers.
- Basic (restorative) services include extractions, fillings, oral surgery, palliative emergency treatment, apicoectomy, occlusal guards, periodontic services, root canal therapy, and therapeutic pulpotomy.
- Major services include inlays, crowns, bridges, dentures, denture rebase or reline, repair of removable dentures, re-cementing of crowns and bridges, and repairs to fixed bridges.
- Orthodontic services include braces, retainers, and other appliances that correct misalignments for dependent children to age 19 only.
- There is no coverage for placement/replacement of dental implants, implant-supported crowns, implant-supporting structures, abutments, or prostheses.
- ID cards are issued when enrollment is processed.

**Additional limits and exclusions apply; see the Certificate of Coverage for complete coverage details.**



## Clear aligner therapy available through SmileDirectClub™

SmileDirectClub, which provides at-home clear aligner therapy for moderate orthodontic concerns, is part of the UnitedHealthcare Dental network. Covered services are available through the orthodontia benefit for enrolled dependents up to age 19. Visit [smiledirectclub.com/uhc](http://smiledirectclub.com/uhc) for more information.

# Vision Benefits at a Glance

Insperty dental and vision benefits must be elected together, but may be elected independently of medical coverage. Benefits are available to eligible employees nationwide.

Benefit amounts shown below are for in-network services. The provider network is VSP Advantage. The plan generally pays 100% of eligible expenses after the copay when network providers are used. Services from non-network providers must be paid at full cost by the participant at the time of service. A claim may then be filed for reimbursement of eligible expenses up to the out-of-network benefit allowance.

## Vision Service Plan | [vsp.com](http://vsp.com) | 800.877.7195

WellVision® exam every 12 months	Glasses frames every 24 months	Single vision lenses every 12 months	Lined bifocal lenses every 12 months	Lined trifocal lenses every 12 months	Lenticular lenses every 12 months	Contact lenses every 12 months
You pay <b>\$15</b> copay	Plan pays up to <b>\$150</b> for frames <b>\$80</b> at Walmart & Sam's Club	You pay <b>\$25</b> copay	You pay <b>\$25</b> copay	You pay <b>\$25</b> copay	You pay <b>\$25</b> copay	Plan pays up to <b>\$130</b> for lens/exam

- You may receive a benefit for either glasses (lenses only) or contact lenses per 12-month period, but not both.
- Benefits for frames are once every 24 months.
- Diabetic Eyecare Program Plus provides medical exams for diabetic eye disease, glaucoma, and age-related macular degeneration (AMD), as well as retinal screening for eligible members with diabetes, at a \$20 copay. Limitations and coordination with medical coverage may apply.
- Visually necessary contact lenses are covered 100% after a \$25 copay upon review and authorization by VSP.
- Progressive, polycarbonate, tinted and photochromic lenses, as well as anti-reflective or scratch-resistant coatings and other lens enhancements, will generally receive a 20-25% discount off provider price after base lens copay.
- No ID card is required. Simply tell your network provider you are a VSP member.

**Additional limits and exclusions apply; see the Certificate of Coverage for complete coverage details.**



### VSP savings for your eyes and ears

Additional discounts and special offers for contact lens exams, LASIK, eyeglass frames, sunglass frames, diabetes care, and TruHearing™ digital hearing aids are available to VSP members. Visit [vsp.com/offers](http://vsp.com/offers) for more information.

# Understanding Your Medical Coverage

## Annual out-of-pocket maximum (OOPM)

This is the most a participant must pay out of their own pocket during the calendar year before the plan begins to pay 100% of eligible expenses. Medical calendar-year deductibles, copays and coinsurance (including prescriptions, unless otherwise noted) generally apply toward satisfying the annual out-of-pocket maximum. Insperity coverage options with embedded deductibles will have embedded OOPMs; HDHP coverage options with aggregate deductibles will have aggregate OOPMs.

## Calendar-year deductible

This is the amount owed for certain covered health care services before the plan begins to pay benefits. Not all covered services require this deductible to be met (e.g., office visit copays under non-HDHP coverage options). All Insperity coverage options cover in-network physician office visits for preventive care services (as defined in the applicable Certificate of Coverage) at 100% with no copay or coinsurance, regardless of whether any deductible has been met.

Except as otherwise noted for certain HDHP-type coverage options, Insperity coverage options generally have “embedded” calendar-year deductibles and OOPMs. For family coverage under the embedded design, each covered family member needs to satisfy only an individual calendar-year deductible (not the entire family deductible) before the individual member can receive covered medical services or prescription drugs at copay or coinsurance levels. Individual family members are responsible for their own out-of-pocket covered medical expenses up to the individual-level OOPM. Combined individual out-of-pocket covered medical expenses for a family will never exceed the family-level OOPM.

Certain Insperity HDHP coverage options have “aggregate” (non-embedded) deductibles and OOPMs. For family coverage under the aggregate design, the entire family calendar-year deductible must be met before copays or coinsurance will apply for any individual family member. Only after the full family deductible is met will any family member be able to receive covered medical services or prescription drugs at copay or coinsurance levels. A family is responsible for all its members’ out-of-pocket covered medical expenses up to the family-level OOPM.

## Coinsurance

This is the Plan or participant’s share of the cost of a covered service, calculated as a percent of the allowed amount for the service. Coinsurance (where applicable) applies after the participant satisfies any applicable calendar-year deductible. Also, coinsurance generally will not apply where a copay applies. Unless otherwise indicated, percentages reflected in the medical coverage options charts reflect the coinsurance amount to be paid by the participant.

## Copays

A fixed amount you pay for a covered service from an in-network provider. Generally, whenever a medical copay applies, coinsurance will not apply, and you are not required to first satisfy any applicable medical calendar-year deductible.

## High deductible health plan (HDHP) options

HDHP coverage options generally do not cover any medical expenses other than preventive care until the applicable calendar-year deductible is met. All medical and pharmacy expenses apply to the applicable calendar-year deductible and OOPM. These expenses are the participant’s responsibility until the deductible is met. All Insperity HDHP coverage options are HSA-qualified.



## **In-network**

Providers and facilities that contract with your health insurance carrier are considered in-network; you will pay in-network copays, deductibles and coinsurance rates for eligible expenses from network providers.

## **Out-of-network**

Providers and facilities that do not contract with your health insurance carrier are considered out-of-network. If your coverage option does not include out-of-network coverage, no benefits will be paid for services received from out-of-network providers, except for emergency medical treatment.

If your elected coverage option pays benefits for services received from out-of-network providers, your financial responsibility will likely be much greater. It is important to understand how your specific insurance carrier reimburses for out-of-network services, and it is your responsibility to pay any cost difference between what the out-of-network provider charges and what the plan covers (i.e., what the insurance carrier pays). In addition, the cost difference, which could be substantial depending on the cost of the care received, does not apply to the OOPM.

### **Limitations and exclusions**

Certain health services have notification requirements and limitations that may vary based upon coverage option, insurance provider or state mandate. It is your responsibility as a participant to confirm that the services you plan to receive are covered health services, and to determine what precertification and/or notification requirement or limitations may apply.

Also, some Insperty Group Health Plan coverage options (at the discretion of the health insurance carrier) require covered individuals to designate a Primary Care Physician (PCP) who will be responsible for coordinating the covered individual's care. If your selected coverage option requires a PCP designation, you will receive more information at enrollment.

For each coverage option available to you, specific limitations and exclusions may apply, as outlined in the Certificate of Coverage (COC) for that option. These, along with the Insperty Group Health Plan Summary Plan Description (SPD) and Summary of Benefits and Coverage (SBC) for each option, can be viewed on the Insperty Premier™ platform at [portal.insperty.com](https://portal.insperty.com). They are also available upon request by calling Insperty. Should there be a discrepancy or conflict between the information presented here and the actual Plan documents and insurance contracts, the Plan documents and insurance contracts will govern.





